

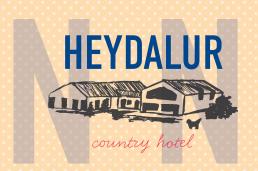
STARTERS



VEGETARIAN CHURSES



All starters are served with bread and butter.	VEGETARIAN COURSES
Heydal's Soup	The Gardeners Vegetable Patties 2500 kr
Ginger, curry, tomatoes, coconut milk, garlic, onion  Vegan	Home-made patties made with onion, curry, rice, carrots, egg and cheese, served with fresh salad, mixed vegetables and crème fraîche sauce
Cream of Fish Soup 2200 kr	Venetable Poke
Fish, lobster, shrimps, garlic, cream	Vegetable Bake 2500 kr  Broccoli, celery, tomatoes, egg, creme fresh, mozzarella and blue cheese, served with fresh salad
Passion Strips à la Matthías 2000 kr	
Smoked lamb served with melon balls and	Veggie Lasagne 2500 kr
blueberry sauce	Carrots, onion, garlic, zucchini, celery root and tomatoes, served with fresh salad
Smoked Puffin with Sesame Sauce 2000 kr	Vegan patties and lasagne are available
Locally caught puffin served with melon balls and blueberry jam	Cegun puntes una tusugne une avanavie
	SIDE DISHES
Arctic Charr Rose on Salad 2000 kr	
Cognac cured trout served with salad and mustard sauce	Salad 500 kr
	Rosemary Potatoes 500 kr
CHILDREN MENU	
Clical Candwich	1200 kg
Sliced Sandwich  Whole bread with cheese, ham and mustard sauce	1200 kr
whole bread with cheese, half and mustard sauce	
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Meat Lasagne	1800 kr
With beef, pasta sauce and vegetables	
Spaghetti Bolognese	1800 kr
With beef, tomato sauce and parmesan cheese	1000 KI
Trial 5501, tolliato baaco alla parillodali cilocoo	



## FISH

Salted Fish from the Westfjords	3700 kr	
Cod with sweet and sour onion and pepper, served with rice, fresh salad, raisins and sun-dried tomatoes		
Fresh Trout from Heydalur  Pan-fried with salt and pepper  Oven-baked with pesto  Oven-baked with mango chutney and pine nuts  Oven-baked with blue cheese  Oven-baked with soya, chili, garlic and ginger  Served with fresh salad and rosemary potatoes  Salmon from Heydal's River  Oven-baked with fresh salad and rosemary potatoes  Only from August to September, depending on the catch of the day  MEAT	4000 kr wr browt 5000 kr	
Heydal's Burger	2800 kr	
Beef, bacon, cheese, vegetables, hamburger sauce, barbecue sauce, served with fresh salad and rosemary potatoes		
Traditional Icelandic Meat Soup  Lamb and vegetables, served with bread and butter	2500 kr	
Chicken Breast filled with Spinach and Cheese	3300 kr	
Oven-baked chicken breast filled with spinach, red onion, mushrooms and cheese, served with rice and fr	esh salad	
Valley of Adventure Lamb Stew  Lamb, curry, leek, carrots and banana, served with fresh salad and rice	3500 kr	
Lamb Fillet with Wild Mushroom Sauce  Spiced lamb served with root vegetables, spinach, pecan nuts and fresh salad	5500 kr	